

Drama Club For Kids

assertiveness can be learned with fun

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What is it?

- Assertiveness is a response that seeks to **maintain an appropriate balance between passivity and aggression**
- Being assertive means that you express yourself effectively and **stand up for your point of view, while respecting the rights and beliefs of others.**



Why?

- How we deal with conflict:

Accept anything to avoid conflict even when we disagree or dislike other's comment, **or**

Talking harshly, aggressively



What?

- Develop assertive behavior from an early age

We have several options to respond to other's comment

Assertive is a skill that can be learned

- Used as a method of teaching civic education by the government



How?

- Drama

The stories are adjusted for the child's age

Start from daily life conflicts (e.g quarrels between friends)

Extracurricular activities (every Friday afternoon, 4-10 weeks)



Who?

- Elementary school student aged 6-8 or grade 1-2
- Volunteers (5)
 - Actors, directors, etc
 - Interested in improving teaching methods
- Schools



Indicators

- Can tell the difference between **aggressive**, **assertive**, and **submissive**
- Know how to respond to other's comment or situation assertively
 - appropriate strategies to act on their desires, needs, and opinions while remaining respectful of others
- Use **'I' message** instead of **'You' message**



Example

- Sam told a lie about Todd cheating

“You” message Todd might say is: “You are a stupid liar! I didn’t cheat!”

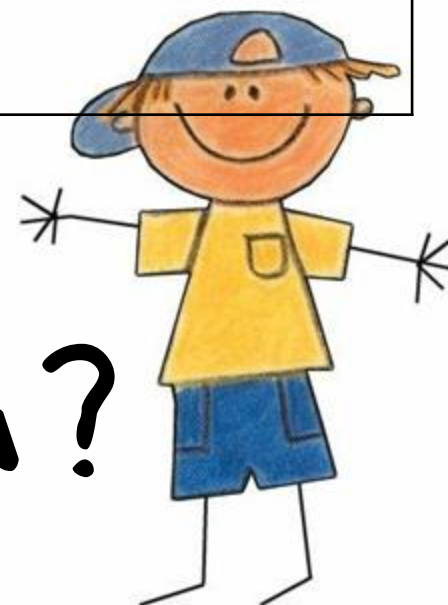
or

Todd could say: “I felt terrible when I heard that you said I cheated, because I would never tell a lie about you!” (“I” message)



Time	Activities
November - December 2012	Preparation
January - February 2013	Pilot project
March 2013	Approaching the schools
April - May 2013	Meet the students once in a week
June 2013	Perform the drama

When?



Where

- Elementary schools around Universitas Indonesia (public schools)
- In the future, this method will be used in every elementary school as a teaching method of civic education.



Obstacles

- School permission
- Low excitement of the students
- Belief that assertiveness isn't working



- Do pilot project and evaluate it before proposing it to schools
- Approaching schools several weeks before school start
- Make the meeting as short as possible and as fun as possible
- Before we start, we will give an introduction regarding this concept to teachers and students



How to overcome it?

Budget

- Print (draft scenario, proposals, posters) US\$ 100
- Transportation FREE
- Accommodation FREE
- **TOTAL** US\$ 100



For more information

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