# Trauma healing program for victims of disaster



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#### Background

Social Volunteers have been involved in some Disaster Programs, including:

- Evacuation pre-disaster
- Trauma Healing Program post disaster
- a. Exploring feeling
- b. Therapy: Spiritual Emotional Freedom Technique (SEFT) Therapy
- c. Motivational Therapy
- d. Group Therapy (cooking therapy, drawing)
- Social problems: We did "Smart Sharing" and "Happy Mother".



#### Some programs we have done!

Trauma Healing Programs of Post Disasters

Home visits

**Playing Therapies** 





### Individual therapy

Explore feelings

Personal coaching





## **GROUPs** therapy

Motivational programs

Relaxing programs





#### **Our Next Plans**

- Share the results of 2<sup>nd</sup>
  UNESCO Youth Forum
  Beyond Disaster to
  Social Volunteers.
- Keep the programs of Social Volunteers like "Smart Sharing" and "Happy Mothers" programs



- Follow up the Trauma Healing Programs that we have
- Actively involved in Disaster preparedness as we already have cooperation with NGO PKPU (Post of social programs).
- Expand the recruitments of Social Volunteer new members from other majors (outside of nursing school only).



#### **SV MAIN TEAM**

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