

YPA7 ACTION PLAN EDUCATING HIGH SCHOOL STUDENTS ON EXPLORING THE “SELF”

Presented by

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WHO ARE HIGH SCHOOL STUDENTS?

High school students are those generally ranging from 14 years above to 20 age .

In the context of Nepal + 2 level students also fall under teenagers and adolescents group.



PROBLEM STATEMENT FOR SELF CRISIS

- Relationships problem among youngsters
- Friendship Problems
- Peer Pressure against being academic
- Family problems
- Taking drugs and consumption of drugs
- Being over-sensitive or perfectionist
- Having a mental illness
- Bullying
- Intellectual or physical disability



GENERAL OBJECTIVE

- To educate the high school students about their risks, for example to health, life, etc.
- To educate them to be able to improve themselves



SPECIFIC OBJECTIVES

- Help analysis by SWOT (Strength, Weaknesses, Opportunities, Threats)
- To provide the knowledge on self care techniques



CONTEXT

- ✘ High school and Higher Secondary students group are being involved in substance abuse, drug abuse



SO



SOME EXAMPLES OF HIGH SCHOOL STUDENTS PROBLEMS

Source :
www.ekanitipur.com



Source: www.doctors.au



YOUNGSTERS IN RISKS

Source:
www.primaryissue.org



Source :www.asianews.it



TARGET GROUP

- 300 hundred teen and adolescents studying in high school and higher secondary school in Kathmandu valley (Kathmandu, Bhaktapur, Lalitpur)
- Especially children from squatters, street vendors and other middle class family.
- Youngsters involved in juvenile delinquency



ACTIVITIES

- Workshop
- Survey
- Flash mob and street drama
- Stencil and Wheat pasting
- Documentary show
- Peer Educator mobilization and production



EXPECTED OUTCOME

- ✘ Targeted youngsters will be more aware about risk appearing in teen and adolescents and able to carry out SWOT analysis.
- ✘ They will be able to share the knowledge gained to friends and family, and hence the community .
- ✘ They will be able to initiate an awareness campaign and leadership training on how to be safe and responsible to others teen youths in community.



POSSIBLE HUMAN RESOURCES AND NETWORK

- Students of Social Work and Public Health
- YPAs Ambassadors
- Public Health Acton Nepal
- Youths' UNESCO CLUB
- Eubios Ethics Institute
- Unicef



TIMELINE 1ST JANUARY–1ST MARCH, 2014

	Activity	Timeline
	Planning and proposal development And funding approach	1 st January – 30 th February
	Volunteer selection ,mobilization, orientation and training	20 th -30 th March
	Program implementation	1 st – 30 th April
	Monitoring, evaluation and preparing and release report	1 st -30 th may 2014



LIMITATIONS

- The program is limited to focus on Kathmandu valley periphery only
- Lack of good network to seek funding
- Lack of people
- Lack of training



SUCCESS INDICATORS

- Number of participants participating in the program
- Feedback received
- Minutes of meetings and programs
- Reports
- Changes in behavior



GOOD ASPECTS

- have good knowledge on the issue
- Have received training on teen behaviors problems management
- Have good network on similar organization working on the issue



BUDGET

S.N	Particulars	Amount	Remarks
1.	Resource persons cost	300 USD	For facilitation
2.	Volunteer mobilization cost	150 USD	For stipend and transportation
3.	Printing, Administrative and miscellaneous Costs	100 USD	For management
	Total	550 USD	The expenses may fluctuate according to situation to a extent

CONCLUSION

- Through the program we believe that the number of youngsters who participate in the program will have active participation in awareness raising program. Likewise they will be involved in information dissemination and will acquire qualities of good social leaders. Similarly, we suppose that those high school students will be more responsible within family and guide others through their experience .



CONTACT DETAILS

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Youths' UNESCO Club

Kathmandu Nepal

Secretary

Public Health Action Nepal (PHAN)

www.infophan.blogspot.com



Thank
you!

The text 'Thank you!' is rendered in a highly decorative, bubbly font. Each letter is filled with a different color and has intricate patterns or textures. The 'T' is yellow with red stripes. The 'h' is orange with red stripes. The 'a' is green with a dotted pattern. The 'n' is purple with a dotted pattern. The 'k' is orange with red stripes. The 'y' is green with a dotted pattern. The 'o' is red with a dotted pattern. The 'u' is blue with a dotted pattern. The exclamation point is blue with a dotted pattern. There are several colorful flowers scattered around the text: a large pink flower with a yellow center, a blue flower, and two smaller blue flowers. The entire graphic is set against a light blue background.